

IMPORTANT

If you are unable to make your
Ultrasound appointment,
please call the Diagnostic Imaging
Department to cancel and
reschedule as soon as possible.

Thank you
for your consideration.

Information provided by
Interior Health
Diagnostic Imaging Services

For appointments or if you have
questions or concerns regarding this
information, please contact your local
Diagnostic Imaging Department

What to Expect During Your Pregnancy Ultrasound



PREPARE FOR YOUR EXAM

A full bladder is needed to help see the fetus (baby).

- An hour and a half before your exam time, empty your bladder.
- Then drink 750 mL–1 litre (3 or 4 glasses, 8 oz each) of water in the next 30 minutes.
- Do not empty your bladder again before your appointment time.



DURING YOUR EXAM

A 1st trimester exam, performed prior to 18 weeks, can take from 10 to 30 minutes to perform.

A Routine Exam, performed at 18 to 22 weeks, can take 30 to 60 minutes.

During the exam, the monitor is turned towards the technologist for their best viewing.

When the medical exam is complete, the technologist will turn the monitor towards you and invite one family member in to view, if desired.

The technologist cannot reveal the baby's gender to you.

The technologist will try to identify the gender (sex) of the fetus. This is not always possible due to baby's position.

All information regarding your scan, including baby's gender, will be reported to your family doctor. You and your doctor can discuss the results at your next follow up appointment.

PLEASE NOTE:

NO personal cameras, camera phones or video recorders allowed in the exam room.

You will be offered a photo of your baby at the end of the exam.

Childcare is not available.

